

What Are We Having This Week?

WEEK 1

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Weetabix	Rice Crispies	Cornflakes	Rice Crispies	Cornflakes
Drink	Drink	Drink	Drink	Drink
Milk	Milk	Milk	Milk	Milk
Lunch	Lunch	Lunch	Lunch	Lunch
Lentil dahl with rice Berry Clafoutis or fresh fruit	Shepherd's pie with mixed vegetables Summer Fruit Eton mess or fresh fruit	Cheese, ham & potato bake Apricot crumble squares or fresh fruit	Chicken Provencal with potatoes Apple tarte tatin or fresh apple	Cod pilaf Fruit fool or fresh fruit
Snack	Snack	Snack	Snack	Snack
Homemade popcorn	Oatcakes	Breadsticks	Rice cakes	Cream crackers
Tea	Tea	Tea	Tea	Tea
Sardine Sandwiches Seasonal fruit	Roasted summer vegetable soup Sultana tea bread or fresh fruit	Chicken & raisin sandwiches with yoghurt dressing Dried fruit	Potato wedges with cream cheese dip Lemon & sultana biscuits or dried fruit	Baked beans on toast Ginger cake or fresh fruit

What Are We Having This Week?

WEEK 2

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Cornflakes	Weetabix	Rice Crispies	Rice Crispies	Cornflakes
Drink	Drink	Drink	Drink	Drink
Milk	Milk	Milk	Milk	Milk
Lunch	Lunch	Lunch	Lunch	Lunch
Macaroni gratin with tomato salad Semolina or fresh fruit	Sweet n sour chicken with rice and peas Strawberries & ice cream or fresh fruit	Mousaka with peas Banana & custard or fresh fruit	Quiche Lorraine with potatoes & salad Fruit kebabs	Fish Kedgerree Cherry ginger crunch or fresh fruit
Snack	Snack	Snack	Snack	Snack
Homemade popcorn	Breadsticks	Oat cakes	Cream crackers	Rice crackers
Tea	Tea	Tea	Tea	Tea
Bagels with cream cheese & carrots Dried fruit	Cheese, onion & tomato muffins with cucumber sticks Jelly or fresh fruit	Tuna & sweetcorn sandwich Fresh fruit	Vegetable soup Flapjacks or fresh fruit	Potato wedges with sweet corn salsa Oaty cherry cookies or fresh fruit

What Are We Having This Week?

WEEK 3

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Cornflakes	Weetabix	Rice Crispies	Shreddies	Cornflakes
Drink	Drink	Drink	Drink	Drink
Milk	Milk	Milk	Milk	Milk
Lunch	Lunch	Lunch	Lunch	Lunch
Homemade bean burger, mashed potato & baked beans Peaches & custard or fresh fruit	Roast chicken, potatoes & vegetables Apple crumb square or fresh fruit	Beef & onion & flatbreads new potato with salad Rice pudding pots with hot apricot sauce or fresh fruit	Rustic pork & sweet corn pie with peas Berry clafoutis or fresh fruit	Trawler's pie with seasonal vegetables Fruity blancmange or fresh fruit
Snack	Snack	Snack	Snack	Snack
Rice cakes	Popcorn	Breadsticks	Oat cakes	Cream crackers
Tea	Tea	Tea	Tea	Tea
Tuna & white bean dip with carrot & cucumber sticks Dried fruit	Cranberry & poppy seed muffins Jelly or fresh fruit	Jacket potato wedges with tomato salsa Seasonal fruit	Cheese & pickle sandwiches Sunshine bars or dried fruit	Red lentil & carrot soup Fruity muffins or fresh fruit

What Are We Having This Week?

WEEK 4

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Cornflakes	Rice Crispies	Weetabix	Rice Crispies	Cornflakes
Drink	Drink	Drink	Drink	Drink
Milk	Milk	Milk	Milk	Milk
Lunch	Lunch	Lunch	Lunch	Lunch
Lamb pilaf with peas Mixed berry sponge cake or fresh fruit	Beef & mushroom rissoles with potatoes and peas Peaches (with or without) custard	Homemade chicken nuggets with seasonal vegetables Jammy semolina or fresh fruit	Sweet corn fritters & salad Banana tarte tartin or banana	Tuna & sweet corn gratin Rice pudding with raspberry/strawberry coulis or fresh fruit
Snack	Snack	Snack	Snack	Snack
Cream crackers	Rice cakes	Popcorn	Breadsticks	Oat cakes
Tea	Tea	Tea	Tea	Tea
Baked beans on toast Dried fruit	Bagels & cream cheese with grated carrot Fruit & yoghurt	Sweet potato & tomato soup Sticky marmalade tea loaf or fresh fruit	Beans on toast Fruit blancmange or fresh fruit	Make your own muffin pizza Jelly or fresh fruit

What Are We Having This Week?

WEEK 5

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Shreddies	Cornflakes	Rice crispies	Weetabix	Cornflakes
Drink	Drink	Drink	Drink	Drink
Milk	Milk	Milk	Milk	Milk
Lunch	Lunch	Lunch	Lunch	Lunch
Vegetarian spaghetti Milanese	Cornish ham pudding with seasonal vegetables	Cheese or egg salad with new potatoes	Sweet & sour chicken with rice & peas	Fish cakes with spring onions & baked beans
Berry clafoutis	Eton mess with summer fruit	Old fashioned apple & sultana oaty crumble or fresh fruit	Apple crumb squares or fresh fruit	Upside down pudding & ice cream or fresh fruit
Snack	Snack	Snack	Snack	Snack
Homemade popcorn	Oatcakes	Breadsticks	Rice cakes	Cream crackers
Tea	Tea	Tea	Tea	Tea
Egg soldiers Spiced biscuits or dried fruit	Potato wedges with tomato salsa Fruit kebabs	Vegetable soup Fresh fruit	Sardine sandwiches Fruity flapjacks or fresh fruit	Jacket potatoes wedges with sweet corn salsa Jelly or fresh fruit

What Are We Having This Week?

WEEK 6

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Cornflakes	Rice Crispies	Weetabix	Rice Crispies	Cornflakes
Drink	Drink	Drink	Drink	Drink
Milk	Milk	Milk	Milk	Milk
Lunch	Lunch	Lunch	Lunch	Lunch
Mexican rice & bean casserole Oaty apple & sultana crumble or fresh fruit	Huntingdon fidget pie (pork & apple) with salad Bananas (with or without custard)	Spaghetti bolognaise Cherry ginger crunch or fresh fruit	Chicken with rainbow peppers & rice Apricot & ginger snap glory or fresh fruit	Crunchy topped fish pie & sweet corn Seasonal fruit pie & ice –cream or fresh fruit
Snack	Snack	Snack	Snack	Snack
Breadsticks	Oat cakes	Cream crackers	Rice cakes	Popcorn
Tea	Tea	Tea	Tea	Tea
Tuna & sweet corn sandwiches Rock cakes or dried fruit	Boiled egg & soldiers Fruit jelly or fresh fruit	Carrot & coriander soup Fresh fruit	Potato wedges & tomato salsa Dried fruit	Croque-monsieur Fruit flapjacks or fresh fruit